

# 2026 Summer Camps

Camp	Ages	Session	June 15-19	June 22-26	June 29 - July 2	July 6-10	July 13-17	July 20-24	July 27-31	Aug 3-7	Aug 10-14
R.E.C CAMP	1st-6th	AM/PM/Full									Full Day
O.U.R CAMP	7th-8th	Full									
Advanced Baking	11-14	AM									
All About Animals	6-9	PM									
All About Clay	6-9	PM									
Archery	11-14	AM									
Artist Studio	6-14	AM									
Baking Fun	8-10	AM									
Baseball	7-12	PM									
Designer Art	6-14	AM									
Character Cuisine	6-14	AM									
Chemistry Creations	6-11	PM									
Chess Wizards	6-12	PM									
Comics & Manga	6-14	AM									
Culinary Adventure	8-14	PM									
Electricity & Coding	10-14	PM									
Electrifying Fun	6-11	AM									
Engineering	6-9	AM									
Field Hockey	9-14	AM									
Fun With Food	6-14	AM									
Hogwarts Express	6-10	AM									
Horseback Riding	8-14	AM / Full									
Kids Kitchen	6-12	AM / PM									
Kids Cook Dinner	9-12	PM									
Lego Building	6-13	Full									
Magic	8-12	AM									
Minecraft Mania	6-10	AM									
Multi Sports	6-12	AM									
Nature Drawing	6-14	AM									
Physics Fun	7-11	PM									
RECO Robotics	8-12	AM									
Rocketry	8-12	PM									
Safe Sitter	11-14	AM									
Slimescapades	6-11	PM									
Tennis	6-13	AM / PM									
Ultimate Frisbee	10-15	AM									
Voltage Soccer	5-14	Full									
Woodworking & Tech	10-14	AM									



Town of Williston  
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# WILLISTON RECREATION & PARKS RECREATION PROGRAMS GUIDE

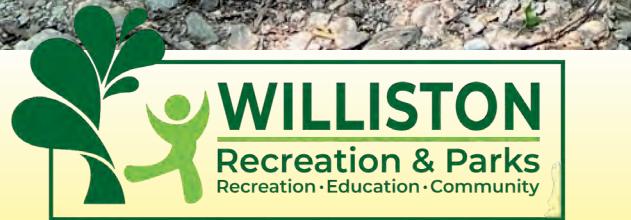
SPRING/SUMMER 2026



PROGRAM LISTING:

NEW!

LOOK FOR THIS SYMBOL  
FOR NEW PROGRAMS



REGISTRATION OPENS FEBRUARY 9

FOR DETAILED PROGRAM INFORMATION AND TO REGISTER VISIT [WillistonReco.org](http://WillistonReco.org)

802-876-1160 [recreation@willistonvt.org](mailto:recreation@willistonvt.org)

# PROGRAMS

## FAMILY

**FAMILY & FRIENDS CPR** NEW!  
Age 12+. Learn lifesaving skills of adult, child, & infant CPR, AED, and choking rescue in a dynamic group environment. Williston Fire Dept

**EMPOWERMENT SELF-DEFENSE WORKSHOP** NEW!  
Age 14+. Learn about boundaries, consent, and practical safety skills. Build confidence and personal empowerment. The Safety Team

**SOUND BATH WITH SOUND MASSAGE** NEW!  
Age 10+. Lie down and relax as crystal bowls, gongs, and flutes calm your body and mind. Feel refreshed and recharged. Kirk Jones

**LET'S GO FISHING**  
Age 6-16 & Parent. Gain confidence in fishing and try new tricks to catch more. Build a lure with equipment and bait provided. Chuck Goller

**COLLEGE PLANNING WORKSHOP** NEW!  
Age 14+. Learn how college admissions work, and what matters beyond grades and test scores. Summit Academic Support

**VOCAL PERCUSSION AND IMPROVISATION WORKSHOP**  
Age 13+. Join Root7, Vermont's contemporary a cappella group for a free vocal workshop for people who want to learn and work in groups.

## ACTIVE AGERS

**SENIOR COMMUNITY MEALS**  
Age 60+. Enjoy a meal on Tuesdays 12:00 PM. Stay afterward for a fun, engaging senior program. Registration required one week in advance for each meal.

**SENIOR HIKING** NEW!  
Age 50+. Get outside and explore local trails and areas, meet fellow outdoor enthusiasts, and stay active! Rec Staff

**BONE BUILDERS**  
Age 50+. Build strength and help prevent osteoporosis with this low-impact, hour-long program. Joyce Oughstun & Ann Naumann

## JAZZERCISE

Age 50+. Dance, sweat, and say hello to your favorite workout with easy-to-follow dance aerobic moves, strength training, and flexibility. Kit Sayers

## ADULT

**WILDERNESS FIRST AID** NEW!

Age 18+. Learn essential first aid skills for outdoor adventures. Ideal for anyone seeking confidence in the outdoors. Andrea Kane

**SENIOR STRENGTH & FUNCTIONAL MOBILITY**

Age 50+. Strengthen your body, improve your balance, and work your core in this dementia-friendly program. Jazmin Ferrari



**KNITTING** NEW!

Age 18+. Learn to knit or improve your skills in a fun, supportive group. Materials are provided or bring your own projects. Chris Heavner

**NUTRITION BASICS** NEW!

Age 18+. Discover how to fuel your body, support your fitness goals, and more in this 1.5-hour workshop. Courtney Dessormeau

**ESTATE PLANNING SEMINAR**

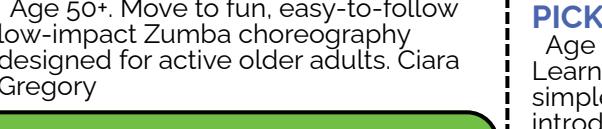
Age 18+. Discover how to transfer and protect your assets in this estate planning seminar. Lisa Campion

## TAI CHI INTRODUCTION

Age 50+. Learn slow, flowing Tai Chi movements that improve balance, mindfulness, and relaxation. Adina Panitch

## ZUMBA GOLD

Age 50+. Move to fun, easy-to-follow low-impact Zumba choreography designed for active older adults. Ciara Gregory



**RETIREMENT PLANNING SEMINAR**

Age 18+. Get clear guidance to plan the retirement lifestyle you want and learn to create a spending plan. Hammond Iles Wealth Advisors

**PICKLEBALL INTRO**

Age 18+. Curious about pickleball? Learn the rules, basic skills, drills, and simple game strategies in this introductory clinic. Corey Gottfried

**PICKLEBALL 101**

Age 18+. Build on fundamental pickleball skills. This program focuses on shot selection, court strategy, drills, & guided play. Corey Gottfried

**PICKLEBALL 102**

Age 18+. Refine skills, strategy, and intentional play. Topics include court positioning, advanced shots, focus, and mindset. Corey Gottfried

## CORNHOLE TOURNAMENT

Age 18+. Grab a partner and compete in a fun, 16-team double-elimination Cornhole Tournament. Enjoy friendly competition, laughs, prizes, and food from local vendors.

**Saturday, June 13  
12:00-5:00 pm**

*All proceeds go to the R. Fortin Scholarship Fund, with a goal of benefiting the Williston community by supporting families who wish to participate in recreation programming.*



**PICKLEBALL SCRIMMAGE & LEARN**

Age 18+. Focus on skill development through guided game play, receive instructor feedback and build confidence. Corey Gottfried

**LEARN AND PLAY TENNIS** NEW!

Age 18+. For new or novice adult players. Get great exercise while developing tennis skills. Led by a USTA-approved coach

# PROGRAMS

## DOG TRAINING - BASICS

Age 18+. Build a happy, confident, and well-behaved dog through practical obedience, and everyday life skills. Deb Helfrich

**DOG TRAINING - BEYOND BASICS**

Age 18+. Advance your dog's training and skills and reinforce and troubleshoot areas that need improvement. Deb Helfrich

**THERAPY DOG ACADEMY**

Age 18+. Prepare your dog and yourself for therapy work in this program. Learn to excel as a therapy team. Deb Helfrich

## TOTS/TYKES

**RECKIDS LACROSSE**

Age 4-5 & parent. Introduce your child to lacrosse with fun games & activities. Learn basic skills like passing, catching, and shooting. Rec Staff

**RECKIDS SOCCER**

Age 4-5 & parent. Have fun learning the basics of soccer through playful games & activities. Practice kicking, dribbling, and teamwork. Rec Staff

**SWIM LESSONS - PREK** NEW!

Age 2.5-5. Introduce your child to swimming with fun, age-appropriate group lessons offered monthly. The EDGE Staff

**TEDDY BEAR PICNIC** NEW!

Age 2-6. Join us for a picnic in the park! Each child will receive their very own unstuffed teddy bear to create and bring home. Rec Staff

## YOUTH/TEEN

**SWIM LESSONS - LEARN TO SWIM 1 & 2** NEW!

Age 5+. Continue building your child's swimming skills in age-appropriate group lessons offered monthly. The EDGE Staff

**ROOKIE LACROSSE**

Grades K-2. Learn the basics of lacrosse, including passing, catching, and shooting, in a fun, beginner-friendly setting. Rec Staff

**SAFE@HOME**

Grades 4-6. Learn safe habits, prevent unsafe situations, and know what to do when faced with dangers when home alone. Rec Staff

**SAFE SITTERS** NEW!

Grades 6-8. Learn safety, childcare, first aid, and life skills in this hands-on course. Practice choking rescue and diapering. Rec Staff

## YOUTH LACROSSE

Grades 3-8. Develop lacrosse skills & game strategy in a fun, team setting. Improve fitness, coordination, and teamwork. Parent Volunteers

**TRACK & FIELD**

Age 6-14. Learn the basics of running, jumping, throwing, and relays. Participate in meets with other towns.

**LEARN AND PLAY TENNIS** NEW!

Grades 6-8. For new, beginner, or novice players, learn tennis basics while having fun! Led by a USTA-approved coach

**DRIVERS' EDUCATION**

Age 15-17. Learn defensive driving techniques, including crash avoidance, situational awareness, and good driving habits. Epic Driving

**LEGO BRICQ MOTION** NEW!

Grades 3-5. Explore forces & motion using Legos. Engineering a change in the speed/direction of an object with push or pull. Wicked Cool for Kids

**KIDS NIGHT OUT** NEW!

Age 5-10. Give the kids a night of fun while you enjoy a little time to yourself! Join us for an evening filled with games and crafts. Rec Staff



**KNITTING**

Grades 3-8. Learn to knit or improve your skills in a fun, group setting. Get guidance on projects and learn new techniques. Chris Heavner

**HORSEBACK RIDING**

Grades 3-8. Learn horseback riding, horse care, and barn skills in a safe, hands-on environment. Kim Johansen

**ROOKIE SOCCER**

Grades K-2. Learn basic soccer skills like dribbling, passing, and shooting in a fun, beginner-friendly environment. Rec Staff

**YOUTH SOCCER**

Grades 3-5. Build soccer skills like passing, dribbling, and teamwork. Improve fitness and coordination. Parent Volunteers

**TENNIS**

Grades K-5. Learn tennis with smaller courts, shorter racquets, and lower-bouncing balls and enjoy a fun, game-based approach. The Edge

**BATTLE BOTS** NEW!

Grades 6-8. Build and customize your own battle bots using RC cars and the Engineering Design Process. STEAMworks for Kids

**NEW!**

# SPECIAL EVENTS



THESE SPECIAL EVENTS ARE FREE AND PRE-REGISTRATION IS NOT REQUIRED, JUST COME AND ENJOY THE FUN!

## BINGO NIGHT

Enjoy an evening of bingo for all ages. Play rounds, win prizes, and share laughs with the whole family.

**Friday, February 20**

6:00-8:00 pm  
R.E.C Zone-  
94 Harvest Lane



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