

REGISTRATION INFORMATION

REGISTRATION POLICIES & PROCEDURES

- Registrations are accepted Online or In-Person (registrations are not accepted over the phone).
- In-Person registrations need to have created a household account on the Recreation website prior to coming in.
- Registrations are accepted on a first come, first served basis. Some programs have limited enrollment, so early registration is encouraged.
- Registration on the website can be paid online or offline; Online payment is with a credit card; Offline payment is with a check or cash. (credit cards are not accepted at the Rec. Office).

NOTE: If you choose the Offline Option- payment needs to be made immediately after you place the registration, as the person you want to register is not enrolled until full payment is received and processed, which means the program could fill before you are enrolled.

REGISTRATION DEADLINES

- Registration deadlines are set at 7 days prior to the start date of a program, unless otherwise stated. Deadlines are set to ensure that minimum numbers are met to offer a program and commitments are made to instructors based on numbers one week prior to start date.
- Registrations received after the deadline will be accepted if space is available, but there is no guarantee of placement.
- Registration will close when a program has reached its maximum number, and a waiting list will be created.
- No registrations are accepted after the second meeting of a program.

ONLINE REGISTRATION CLOSES

Online registration for programs close the day before the start date of the program, unless otherwise stated. Weekend programs close on Thursday- lists are sent to instructors on Friday. Registrations after this time must be made at the office. No registrations are accepted after the second time a program meets.

NOTIFICATION

A receipt is emailed for all registrations that are entered and paid for. The email will come from recreation@willistonvt.org. It is important to print off your receipt, detailed information and location will be on the receipt. There also may be additional waivers or an informational flyer attached. Be sure to read through all the information. Registered participants will be notified by email of any changes or cancellations.

FEES & PAYMENTS

Payment must be made in full at the time of registration, either by the online or offline payment options, unless a deposit is allowed. Deposits are NON-Refundable. If a deposit has been paid, the remaining balance is due by the required date listed for the program. Participants will not be allowed to attend a program until payment is paid in full. Checks are to be made payable to: Williston Recreation & Parks.

ONLINE REGISTRATION WITH ONLINE PAYMENT

Payment with a Credit Card

- Select the programs that you want and place them into your cart. Proceed to check out.
- At the payment option choose- "Check Out Online" and pay with a credit card.
- The person will be enrolled and paid for those programs that you selected.
- There is a Processing Fee for use of a credit card when paying online, an additional fee of 3.5% + \$0.10 with a minimum fee of \$2.00 will be charged, whichever is higher, on your total balance at the end of your transaction. The program fees will be billed by Williston Recreation & Parks, and the

processing fees will be billed by GovtPortal. Fees are non-refundable. The town does not collect or receive the fees.

ONLINE REGISTRATION WITH OFFLINE PAYMENT

Print Form and Pay with Check/Cash

- Select the programs that you want and place them into your cart. Proceed to check out.
- At the payment option choose- "Check Out Offline" and print off the Registration Form.
- The payment & form needs to be dropped off at the Department or use the drop box (credit cards are not accepted at the office).
- **DROP BOX-** A drop box is available for after hour payments. The box is located at the back entrance to the Town Hall Building- 7900 Williston Rd. Place payment and receipt in an envelope marked "Recreation".

NOTE: Using the Offline Payment Option- "Check Out Offline" does NOT enroll the person for the program(s) that were selected, until payment, check or cash, has been received and processed. The person is not counted towards the minimum or maximum numbers for a program and may not get into the program if it fills before payment is received and processed.

CANCELLATIONS

The Department reserve the right to cancel or consolidate any programs that do not meet the minimum participation number required. A full refund will be issued if a program is canceled. All registered participants will be notified by email of any changes or cancellations to any of the programs.

PROGRAM REFUNDS

- In the event that a participant cancels out of a program, refunds will be handled as stated below.
- If you have an outstanding balance, the refund will be automatically applied to that balance and any remainder will be refunded.
- Refund checks take approximately three weeks to process and receive.
- Processing Fee-** \$10.00 or the Deposit, is deducted off all refunds.
- Remaining Balance-** Will be refunded up to Eight (8) days prior to start date of a program.
- No Refund-** No Refund is given if notification is less the Eight (8) days prior to start date.

DAY OF CANCELLATIONS

- Program meeting days can be cancelled due to inclement weather, facility conditions, and/or other unknown circumstances.
- The policy is to make the call of a cancellation at the start time of the program at the location.
- If known far enough in advance, all registered participants will be notified by email. It will also be posted on the Recreation website.
- In the case where a program is held inside a school facility, all Recreation programs are cancelled any time school is closed for weather related situations. Recreation programs may still be on in the case of early dismissals or cancelling school only activities.
- If a day must be cancelled, every effort will be made to offer a make-up, this will depend on if the facility and instructor are available. If multiple days must be cancelled they all will not be made up. All participants will be notified by email of make-up dates and times.

MARKETING

Recreation Programs are marketed on the following platforms- Recreation Website, Facebook, Front Porch Forum, Williston Observer, Monthly E-Rec Newsletter and The School Newsletter. The Program Guide is mailed twice a year- Fall/Winter Guide in August, Spring/Summer Guide in February.



Town of Williston
7900 Williston Rd.
Williston, VT 05495

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Williston Recreation & Parks

RECREATION PROGRAMS GUIDE

Spring/Summer 2024

INSIDE:
R.E.C. Zone
Independence Day
Celebration

PROGRAMS FOR:

The Community

Families

Active Agers

Adults

Preschool

Youth/Teens

After School

NEW! Look for this Symbol
for New Programs



**Registration
Now Open!**

Detailed Program Information
and to Register - WillistonRec.org

876-1160 | recreation@willistonvt.org

PROGRAMS & SPECIAL EVENTS

COMMUNITY PROGRAMS

VT LAKE MONSTER TICKETS

The Recreation Dept. is partnering with the VT Lake Monsters to bring you a great opportunity to purchase \$8 tickets to the Wednesday, July 31 game against the Worcester Bravehearts (kids eat Free night at the Park). Half the proceeds of ticket sales will go to the Recreation Scholarship Fund. Use the QR code on page 3 to access the Lake Monsters website to purchase tickets.

MY HEALTHY VT

Want to be healthier and feel better? My Healthy VT can help. Find a free course that's right for you and take online any time. Go to the Rec. website for links to My Healthy VT website.

ALZHEIMER'S ASSOCIATION

Go to the Rec. website for links to the support and programs that the Alzheimer's Association offers to the community.

FAMILY PROGRAMS

FAMILY PING PONG NIGHTS

All Ages. Great opportunity for the whole family to learn and play together. Watch for Family Ping Pong Nights coming this Spring, currently in the planning stages.

BOATERS SAFETY

Age 12+. Boating safety education is required for any operator, 12 years of age or older, born after January 1, 1974. The course is 8 hours and is offered over 4 days. Participants must be present at all classes to be eligible for certification. Instructor: Jon Fick

LET'S GO FISHING

Age 6-16 & Parent. Learn how to fish or learn new tricks to help you catch more. Learn where to find fish and what they like to eat. Equipment and bait provided. This is a parent/child program. Pre-registration is required. Instructor: Chuck Goller

DANGEROUS GIRLS

Age 12+. This is a Women-only cardio-kickboxing class that combines strength and conditioning with practical combat skills. Learn trips and throws, bounce to Beyoncé, hit hard, laugh a lot. Instructor: ONTA Studio Staff

MIXED MARTIAL ARTS INTRO

Age 13+. For Fun & Fitness. The program mixes training techniques from boxing, kickboxing, and Jiu-Jitsu to create a fun, non-competitive environment where you will get a great workout and learn practical self-defense skills! Instructor: ONTA Studio

ACTIVE AGERS

SENIOR STRENGTH & FUNCTIONAL MOBILITY

Age 50+. Grab your weights and a water bottle and join this fitness program just for Seniors! The program will concentrate on developing upper and lower body strength as well as improving balance and strengthening your core. Instructor: Jazmine Averback

JAZZERCISE: CARDIO SCULPT LOW

Age 50+. Low Impact, Low to Moderate Intensity. Dance and sweat to your favorite workout with easy to follow dance aerobic moves, strength training and flexibility. Use of a chair is optional. Geared toward 50+ but open to everyone. Instructor: Kit Sayers

JAZZERCISE: CARDIO SCULPT LOW/HIGH

Age 50+. Low Impact, Moderate to High Intensity. In this class you can take your cardio up a notch or 2 with intensity and work your muscles more with low impact. Geared toward 50+ but open to everyone. Instructor: Kit Sayers

FENCING

Age 50+. Fencing is an exciting sport that develops strength, agility, fitness and mental focus. If you are looking to try something new, or your inner swash-buckler has a bucket list, come try it out! This class is for beginners with no fencing background. Instructor: Karen Cutler

TAI CHI INTRODUCTION

Age 50+. Come and enjoy the gentle flowing movement of this ancient art which has been called "meditation in motion." This class presents the underlying principles of Tai Chi and weaves them into sequences of connected forms. Instructor: Adina Panitch

ADULT PROGRAMS

LAUGHTER LIFELINES

Age 18+. Embracing Humor in a High-Stress World. This is a groundbreaking program designed to harness the power of humor as a coping mechanism in today's fast-paced and often overwhelming environment. Instructor: Diana Popa

SEED STARTING WORKSHOP

Age 18+. Come learn how to successfully start seeds indoors in preparation for the growing season! We'll give you techniques to set your seeds up to become strong outdoor plants and advise you of common pitfalls to avoid when helping your garden get established in the spring. Instructor: Cedar Schiewetz

DOG TRAINING: BASIC/ESSENTIALS

Age 18+. Using a simple-to-use training approach, this 6-week program covers the essentials and having a well-behaved companion. Includes obedience, manners, social skills, and understanding behavior. Instructor: Deb Helfrich, Gold Star Dog Training

DOG TRAINING: BEYOND BASICS

Age 18+. The 5 week course continues to build a foundation of manners, training, and social skills that were started in the basic course, working on making responses to commands consistent and reliable. Instructor: Deb Helfrich, Gold Star Dog Training

THERAPY DOG ACADEMY

Age 18+. This 6-week course gives dogs and handlers the necessary skills for not only passing the test, but also for working successfully as a therapy dog team. Course is taught by Deb, Gold Star Dog Training, who has been a therapy dog handler since the mid-1990s.

PICKLEBALL INTRO

Age 18+. Learn the rules, a variety of drills, some basic game strategy and how to play this unique sport in this two hour introductory clinic. Bring your own paddle or loaner paddles will be available. Instructor: Corey Gottfried

PICKLEBALL 101

Age 18+. Similar to the "Pickleball Intro" program but more time spent on each part of the game. Drills will include serving, return of serve, 3rd shot drop, the soft game, volleying, basic strategies, and actual playing time. Instructor: Corey Gottfried

PICKLEBALL 102

Age 18+. A program for players familiar with the game. Come refine your skills such as: playing with intention, court coverage and positioning, reading your opponents, 3rd shot drop, lobbing and retrieving and more! Instructor: Corey Gottfried

PICKLEBALL: SCRIMMAGE & LEARN

Age 18+. This program focuses on building skills through playing the game with feedback provided by the instructor. The program is designed for Intermediate level players to develop their techniques over the course of six weeks. Instructor: Corey Gottfried

TAI CHI

Age 18+. For Health & Wellness. Come strengthen your body, regulate, and build physical energy, and cultivate your mental concentration and spirit with this gentle and nourishing practice. Instructor: ONTA Studio Staff

PRE-SCHOOL PROGRAMS

PARKIDS

Age 4-6. The program teaches the foundation of parkour movements and concepts. Children will learn basic movements to include floor skills, vaults, bars/ropes and wall movements. This is a Beginner level Program. Instructor: Green Mountain Training Center

SOCCER SHORTS

Age 3- Minis. Age 4- Might's. Coed, Child/Parent. The programs teach the fundamentals of soccer using a fun and energetic curriculum that is tailored to these age groups. Separate programs are held for each age group. Instructors: Rec Staff

YOUTH/TEEN PROGRAMS

KINDERREC LACROSSE

Age 5-6. Coed, Child/Parent. The program teaches the fundamentals of the game using a fun and energetic curriculum that has been tailored to this age group. All sessions are held in a fun and positive environment, where players are encouraged to learn and play with a parent and each other. Instructors: Rec Staff

YOUTH LACROSSE

Grades 1-2, 3-4, 5-6, & 7-8. Lacrosse is a fast paced sport that combines the power of football and hockey and the endurance of soccer and basketball. The programs offer separate boys and girls teams. Volunteer Coaches are needed.

COMBO PARKOUR

Age 7-10. The program is a combination of Parkour, Ninja, Tumbling and Trampoline Training. Children will have the opportunity to experience the different skills of each. Instructor: Green Mountain Training Center.

TEEN PICKLEBALL INTRO

Age 14-19. Have you heard of and wonder what pickleball is? If so, learn the rules, a variety of drills, some basic game strategy and how to play this unique sport in this two hour introductory clinic designed for teens. Instructor: Corey Gottfried

SAFE SITTERS BABYSITTERS COURSE

Grades 6-8. April program added. Safe Sitter® prepares teens to be safe when they're home alone or babysitting. The course offers four main content areas: Safety Skills, Childcare Skills, First Aid & Rescue Skills, and Life & Business Skills. Instructor: Rec Staff

TRACK & FIELD

Age 6-14. Participants will learn the basics of running, jumping, throwing, and relays. There will be meets with other area Rec. Depts. and a VRPA State Meet for Athletes ages 7-14. Great program for those who love to run, jump, and throw.

KINDERREC SOCCER

Age 5-6. The program is designed to teach the fundamentals of the game. Youngsters will learn, practice and develop their skills. Each Saturday will consist of introducing new skills and scrimmaging. Volunteer coaches are needed. Registration starts July 1.

YOUTH SOCCER

Grades 1-2 & 3-5. Rec. Soccer is geared for those who want to learn, play, and experience the game of soccer in a fun and enjoyable atmosphere. Programs begin in September. Volunteer Coaches are needed. Registrations starts July 1.

NINJA KIDS INTRO

Age 4-8 & 7-11. The play-based curriculum increases strength and self-confidence, while moving meditation helps children manage their emotions and develop the connection between mental and physical well-being. Instructor: ONTA Studio Staff

NINJA TEENS INTRO

Age 9-15. The play based curriculum increases strength and self-confidence, while moving meditation helps children manage their emotions and develop the connection between mental and physical well-being. Instructor: ONTA Studio Staff

NINJA SCIENCE CAMPS

Age 5-10. This camp unites the body and mind by combining martial arts, tumbling, and parkour with environmental science. We help children realize their potential in an environment that is playful. Instructors: ONTA Studio Staff

AFTER SCHOOL PROGRAMS

INDOOR SOCCER

Grades 3-5. Coed. The 5 week program will focus on playing through scrimmages. Teams will be made up each week from the registered participants. A great opportunity for kids to stay active. Open to all levels of experience. Instructors: Rec Staff

PARKIDS

Age 4-6. The program teaches the foundation of parkour movements and concepts. Children will learn basic movements to include floor skills, vaults, bars/ropes and wall movements. This is a Beginner level Program. Children can take a bus from Allen Brook School to the Center. Instructor: Green Mountain Training Center. Instructor: Green Mountain Training Center

EXPRESS & IMPRESS: YOUNG COMMUNICATORS & DEBATORS ACADEMY

Age 8-12. This is an innovative program specifically designed for children focusing on enhancing their communication skills, interpersonal and intrapersonal skills, emotional intelligence, and proficiency in debating. Instructor: Diana Popa

KNITTING

Grades 3-8. The program offers the basics for first timers, as well as provides early and intermediate knitters with specific how-to and help with projects. All materials are provided. Instructor: Christine Heavner, Owner Knitting Circle

YOUTH TENNIS

Grades K-2 & 3-5. Now, it's easier for kids to play and develop a love for the sport! Taught by certified tennis professionals who are trained to teach to kids of all ages. Players learn basic stroke techniques. Instructors: The Edge Tennis Staff

HORSEBACK RIDING INTRO

Age 8-14. The Livery Horse Farm, Hinesburg is offering Introductory riding programs. The focus is on English riding. Horses provide a variety of skill levels for children to learn on. Programs are offered after school or Saturdays. Instructor: Kim Johansen, Owner

THE R.E.C. ZONE

Recreate, Explore, Create



Is Located at **94 Harvest Lane**, the facility offers two indoor programming spaces. The first is a large multipurpose space that can be used for fitness and active programming, the second is a smaller space that can be used for small group programming. The space will be used to host new and existing recreation programming that can be offered year round.

Current Programs being offered at the R.E.C. Zone are:

Jazzercise, Hula Hoop Flow, Gentle Yoga, Dog Trainings, Table Tennis, Safe Sitters, Fencing, Senior Strength & Mobility, Laughter Lifelines, and more to come!

Instructors Wanted!

The Department is looking for people who want to provide programming to the community. Whether you have led a program before or have a suggestion for a new program. Please fill out and submit a Program Proposal Form or contact the Department at recreation@willistonvt.org.

KIDS TO PARKS DAY

Saturday, May 18

KIDS TO PARKS DAY NATIONAL PARK TRUST

Village Community Park Kid's Fest

Come out to the park on May 18th for a Family Friendly Kids Day at the park. Kids outdoor activities, games, giveaways, food and Fun! Come dressed to be active 12:00-2:00pm. The day's events are currently in the planning stage watch for more info to follow.

Let's Go Fishing

Age 616 & Parent. Learn how to fish, new tricks to catch more and where to find the fish. Equipment and bait provided. This is a parent/child program. Preregistration is required. May 18, 9:00a12:00p. Instructor: Chuck Goller

VT LAKE MONSTERS GAME

Wednesday, July 31

Grandstand Tickets

The Recreation Dept. is partnering with the VT Lake Monsters to bring you this great opportunity to purchase \$8 tickets to the Wednesday, July 31 game against the Worcester Bravehearts (kids eat Free night at the Park). Half the proceeds of ticket sales will go to the Recreation Scholarship Fund. Use the QR code to access the Lake Monsters website to purchase tickets.



WILLISTON INDEPENDENCE DAY CELEBRATION

July 3 & 4, 2024

The Celebration is currently in the planning stages. Sponsorship opportunities are available, contact the Department. If you or your organization would like to be involved contact us at recreation@willistonvt.org



JULY 3RD

Library Book Sale
Town Band Concert
Ice Cream Social

JULY 4TH

10:00 a.m. — Independence Day Parade
11:00 a.m. - 1:00 p.m. — Activities and Food Vendors on "The Green"
6:00 - 9:00 p.m. — Entertainment Village Community Park
6:30 - 10:30 p.m. — Shuttle Buses
9:20 p.m. — Fireworks Village Community Park

Other Activities
Library Book Sale
Fire Dept. Open House
Beckett Memorial 5K Race