

REGISTRATION INFORMATION

REGISTRATION POLICIES & PROCEDURES

- Registrations are accepted Online or In-Person (registrations are not accepted over the phone).
- In-person registrations need to have created a household account on the Recreation website before coming in.
- Registrations are accepted on a first-come, first-served basis. Some programs have limited enrollment, so early registration is encouraged.
- Registration on the website can be paid online or offline; Online payment is with a credit card; Offline payment is with a check or cash. (credit cards are not accepted at the Rec. Office).

NOTE: If you choose the Offline Option- payment needs to be made immediately after you place the registration, as the person you want to register is not enrolled until full payment is received and processed, which means the program could fill before they are enrolled.

REGISTRATION DEADLINES

- Registration deadlines are set at 7 days prior to the start date of a program, unless otherwise stated. Deadlines are set to ensure that minimum numbers are met to offer a program and commitments are made to instructors based on numbers one week before the start date.
- Registrations received after the deadline will be accepted if space is available, but there is no guarantee of placement.
- Registration will close when a program has reached its maximum number, and a waiting list will be created.
- No registrations are accepted after the second meeting of a program.

ONLINE REGISTRATION CLOSES

Online registration for programs close the day before the start date of the program, unless otherwise stated. Weekend programs close on Thursday- lists are sent to instructors on Friday. Registrations after this time must be made at the office. No registrations are accepted after the second time a program meets.

NOTIFICATION

A receipt is emailed for all registrations that are entered and paid for. The email will come from recreation@willistonvt.org. It is important to print off your receipt, detailed information and location will be on the receipt. There also may be additional waivers or an informational flyer attached. Be sure to read through all the information. Registered participants will be notified by email of any changes or cancellations.

FEES & PAYMENTS

Payment must be made in full at the time of registration, either by the online or offline payment options, unless a deposit is allowed. Deposits are NON-Refundable. If a deposit has been paid, the remaining balance is due by the required date listed for the program. Participants will not be allowed to attend a program until payment is paid in full. Checks are to be made payable to Williston Recreation & Parks.

ONLINE REGISTRATION WITH ONLINE PAYMENT

Payment with a Credit Card

- Select the programs that you want and place them into your cart. Proceed to check out.
- At the payment option choose- "Check Out Online" and pay with a credit card.
- The person will be enrolled and paid for those programs that you selected.
- There is a Processing Fee for use of a credit card when paying online, an additional fee of 3.5% + \$0.10 with a minimum fee of \$2.00 will be charged, whichever is higher, on your total balance at the end of your transaction. The program fees will be billed by Williston Recreation & Parks, and the

processing fees will be billed by GovtPortal. Fees are non-refundable. The town does not collect or receive the fees.

ONLINE REGISTRATION WITH OFFLINE PAYMENT

Print Form and Pay with Check/Cash

- Select the programs that you want and place them into your cart. Proceed to check out.
- At the payment option choose- "Check Out Offline" and print off the Registration Form.
- The payment & form needs to be dropped off at the Department or use the drop box (credit cards are not accepted at the office).
- **DROP BOX-** A drop box is available for after hour payments. The box is located at the back entrance to the Town Hall Building- 7900 Williston Rd. Place payment and receipt in an envelope marked "Recreation".

NOTE: Using the Offline Payment Option- "Check Out Offline" does NOT enroll the person for the program(s) that were selected, until payment, check or cash, has been received and processed. The person is not counted towards the minimum or maximum numbers for a program and may not get into the program if it fills before payment is received and processed.

CANCELLATIONS

The Department reserves the right to cancel or consolidate any programs that do not meet the minimum participation number required. A full refund will be issued if a program is canceled. All registered participants will be notified by email of any changes or cancellations to any of the programs.

PROGRAM REFUNDS

- If a participant cancels out of a program, refunds will be handled as stated below.
- If you have an outstanding balance, the refund will be automatically applied to that balance and any remainder will be refunded.
- Refund checks take approximately three weeks to process and receive.
- **Processing Fee-** \$10.00 or the Deposit, is deducted from all refunds.
- **Remaining Balance-** Will be refunded up to Eight (8) days before the start date of a program.
- **No Refund-** No Refund is given if notification is less than Eight (8) days before the start date.

DAY OF CANCELLATIONS

- Program meeting days can be cancelled due to inclement weather, facility conditions, and/or other unknown circumstances.
- The policy is to make the call of a cancellation at the start time of the program at the location.
- If known far enough in advance, all registered participants will be notified by email. It will also be posted on the Recreation website.
- In the case where a program is held inside a school facility, all Recreation programs are canceled any time school is closed for weather-related situations. Recreation programs may still be on in the case of early dismissals or canceling school-only activities.
- If a day must be canceled, every effort will be made to offer a make-up, this will depend on if the facility and instructor are available. If multiple days must be cancelled they all will not be made up. All participants will be notified by email of make-up dates and times.

MARKETING

Recreation Programs are marketed on the following platforms- Recreation Website, Facebook, Front Porch Forum, Williston Observer, Monthly E-Rec Newsletter, and The School Newsletter. The Program Guide is mailed twice a year- the Fall/Winter Guide in August, and Spring/Summer Guide in February.



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7900 Williston Rd.
Williston, VT 05495

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Williston Recreation & Parks

RECREATION PROGRAMS GUIDE

Fall/Winter 2024



PROGRAMS FOR:

- The Community
- Families
- Active Agers
- Adults
- Preschool
- Youth/Teens
- After School

INSIDE:
R.E.C. Zone Pg. 3
Holiday Decorating
Contest Pg. 3

NEW! Look for this Symbol
for New Programs



Registration
Now Open!

Detailed Program Information
and to Register - WillistonRec.org

876-1160 | recreation@willistonvt.org

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PROGRAMS & SPECIAL EVENTS

COMMUNITY PROGRAMS

MY HEALTHY VT

Want to be healthier and feel better? My Healthy VT can help. Find a free course and take it online anytime. Go to the Recreation website for a My Healthy VT website link.

ALZHEIMER'S ASSOCIATION

Visit the Recreation website for a link to the programs the Alzheimer's Association offers to the community.

FAMILY PROGRAMS

VOCAL PERCUSSION & IMPROVISATION WORKSHOP

Age 13+. Root7, Vermont's contemporary A cappella group for 17 years, will host a free workshop introducing participants to vocal percussion, vocal improvisation, and creating collaborative songs. Beginner and intermediate vocalists are welcome.

DANGEROUS GIRLS

Age 12+. This Women-only cardio-kick-boxing class combines strength and conditioning with practical combat skills. Learn trips and throws, bounce to Beyoncé, hit hard, laugh a lot. Instructor: ONTA Studio Staff

ACTIVE AGERS - 50+

SENIOR STRENGTH & FUNCTIONAL MOBILITY

Age 50+. Grab your weights and a water bottle and join this fitness program for Seniors! The program will concentrate on developing upper and lower body strength, improving balance, and strengthening your core. Instructor: Jazmine Averback

JAZZERCISE: CARDIO SCULPT LOW\LOW

Age 50+. Low Impact, Low to Moderate Intensity. Dance and sweat to your favorite workout with easy-to-follow dance aerobic moves, strength training, and flexibility. Use of a chair is optional. Geared toward 50+ but open to everyone. Instructor: Kit Sayers

JAZZERCISE: CARDIO SCULPT LOW/HIGH

Age 50+. Low Impact, Moderate to High Intensity. In this class, you can take your cardio up a notch or 2 with intensity and work your muscles more with low impact. Geared toward 50+ but open to everyone. Instructor: Kit Sayers

TAI CHI INTRODUCTION

Age 50+. Enjoy the gentle flowing movement of this ancient art which has been called "meditation in motion." This class presents the underlying principles of Tai Chi and weaves them into sequences of connected forms. Instructor: Adina Panitch

ADULT PROGRAMS

PICKUP BASKETBALL PROGRAMS

Pickup programs are by registration and payment Only. There are programs for Men's 20+, Men's 30+, and Women's 19+. Programs meet once a week October-May. Register on the Rec. website.

PICKUP VOLLEYBALL PROGRAM

The Pickup program is by registration and payment Only. The program is for adults 18+. The program meets once a week from October-May. Register on the Rec. website.

VOLLEYBALL LEAGUE- COED

Age 18+. The league offers two sessions- Fall and Spring, each finishing with a double-elimination tournament. A coed team requires two or more females on the court at any time regardless of substitutions. Contact Tim Armstrong- willistonvolleyball@gmail.com.

PICKLEBALL INTRO

Age 18+. Learn the rules, a variety of drills, some basic game strategies, and how to play this unique sport in this two-hour introductory clinic. Bring your own paddle or loaner paddles will be available. Instructor: Corey Gottfried

PICKLEBALL 101

Age 18+. Similar to the "Pickleball Intro" program more time is spent on each part of the game. Drills will include serving, return of serve, 3rd shot drop, the soft game, volleying, basic strategies, and actual playing time. Instructor: Corey Gottfried

TAI CHI

Age 18+. For Health & Wellness. Come strengthen your body, regulate, and build physical energy, and cultivate your mental concentration and spirit with this gentle and nourishing practice. Instructor: ONTA Studio Staff

SELF DEFENSE INTRO

Age 18+. Self-defense is a countermeasure that involves defending the health and well-being of oneself from harm. Great program for those who want to learn to defend themselves and feel safe. Instructor: ONTA Studio Staff



DOG TRAINING: BASIC/ESSENTIALS

Age 18+. Using a simple-to-use training approach, this 6-week program covers the essentials and having a well-behaved companion. Includes obedience, manners, social skills, and understanding behavior. Instructor: Deb Helfrich, Gold Star Dog Training

DOG TRAINING- BEYOND BASICS

Age 18+. The 5-week course continues to build a foundation of manners, training, and social skills that were started in the basic course, working on making responses to commands consistent and reliable. Instructor: Deb Helfrich, Gold Star Dog Training

THERAPY DOG ACADEMY

Age 18+. This 6-week course gives dogs and handlers the necessary skills for not only passing the test but also for working successfully as a therapy dog team. The course is taught by Deb, Gold Star Dog Training, who has been a therapy dog handler since the mid-1990s.

PRE-SCHOOL PROGRAMS

SOCCER SHORTS

Age 3- Minis. Age 4- Might's. Coed, Child/Parent. The programs teach the fundamentals of soccer using a fun and energetic curriculum that is tailored to these age groups. Separate programs are held for each age group. Instructors: Rec Staff

YOUTH/TEEN PROGRAMS

DRIVER'S EDUCATION

Ages 15-17. Orientation night and all group classes are in person. Attendance in all scheduled class sessions is required for successful course completion. Do not register if there are dates you cannot attend. Behind-the-wheel lessons will be scheduled individually. Must have a valid Vermont learner's permit. Instructor: Epic Driving LLC

SAFE SITTERS BABYSITTERS COURSE

Grades 6-8. April program added. Safe Sitter® prepares teens to be safe when they're home alone or babysitting. The course offers four main content areas: Safety Skills, Childcare Skills, First Aid & Rescue Skills, and Life & Business Skills. Instructor: Rec Staff

RECKIDS SOCCER

Age 5-6. The program is designed to teach the fundamentals of the game. Youngsters will learn, practice, and develop their skills. Each Saturday will consist of introducing new skills and scrimmaging. Volunteer coaches are needed.

YOUTH SOCCER

Grades 1-2 & 3-5. Rec. Soccer is geared toward those who want to learn, play, and experience the game of soccer in a fun atmosphere. Programs begin in September. Volunteer Coaches are needed.

NINJA KIDS INTRO

Age 4-8 & 7-11. The play-based curriculum increases strength and self-confidence while moving meditation helps children manage their emotions and develop the connection between mental and physical well-being. Instructor: ONTA Studio Staff

NINJA TEENS INTRO

Age 9-15. The play-based curriculum increases strength and self-confidence while moving meditation helps children manage their emotions and develop the connection between mental and physical well-being. Instructor: ONTA Studio Staff



RECKIDS BASKETBALL

Ages 5-6- Coed. This is a parent/child program designed to teach the fundamentals of the game. Each week youngsters will be introduced to a new skill and fun activities that will enhance their learning. This program meets on Saturdays in January and February. Instructors: Rec. Staff

1ST-2ND BASKETBALL

There are separate boys' and girls' programs offered if numbers allow. The program provides the opportunity for youngsters to learn the game, improve their skills, and enjoy playing. The program meets on Saturdays in January and February. The hour session will consist of a practice and scrimmage. Parent volunteers are needed to coach. Sign up to coach when registering your child.

3RD-4TH BASKETBALL

There are separate boys' and girls' leagues offered if numbers allow. Leagues provide the opportunity for youngsters to play and improve their skills. Teams meet twice a week with a weekday practice and a Saturday game. Parent volunteers are needed to coach. Sign up to coach when registering your child.

5TH-6TH BASKETBALL

There will be separate boys' and girls' leagues offered if numbers allow. The leagues meet twice a week for 1 hour each time- 1 practice and 1 game. Separate boys' and girls' leagues are offered if numbers allow. Parent volunteers are needed to coach. Sign up to coach when registering your child.

7TH-8TH BASKETBALL

There is a league for boys if the numbers allow. The team meets twice a week for 1 hour each time- 1 practice and 1 game. Parent volunteers are needed to coach. Sign up to coach when registering your child.

REFEREES WANTED!

Referees are needed for the Soccer & Basketball Season. Paid or Volunteer.

Contact the Recreation Dept- recreation@willistonvt.org

AFTER SCHOOL PROGRAMS


YOUTH TENNIS

Grades K-2 & 3-5. Now, it's easier for kids to play and develop a love for the sport! Taught by certified tennis professionals who are trained to instruct kids of all ages. Players learn basic stroke techniques. Instructors: The Edge Tennis Staff

KNITTING

Grade 3-8. Does your child love to knit or do they want to learn? If so, this program will teach them how to improve their knitting skills. The program offers the basics for first-timers, as well as provides early and intermediate knitters with specific how-to and help with projects. All materials are provided. Instructor: Christine Heavner, Owner of Knitting Circle

HORSEBACK RIDING INTRO

Age 8-14. The Livery Horse Farm, Hinesburg is offering Introductory riding programs. The focus is on English riding. Horses provide a variety of skill levels for children to learn. Kim Johansen, Owner of Livery Farm 

SPEECH & DEBATE

Grade 5-8. This program will introduce middle school students to speech and debate through fun public speaking activities. Competitions are optional and take place during the winter season. Instructor: Kathryn Kernoff, CVU Speech/Debate Coach

LEARN TO SKI/RIDE

Information and Registration for the Learn to Ski/Ride Program will be available on the Rec. website on November 4. Register before the early bird discount to save- December 15. There will also be two fitting nights for equipment- one in November and one in early December. You must register your family for a fitting time. The info is on the registration page.



THE R.E.C. ZONE

Recreate, Explore, Create



Is Located at **94 Harvest Lane**, the facility offers two indoor programming spaces. The first is a large multi-purpose space that can be used for fitness and active programming, the second is a smaller space that can be used for small group programming. The space will host new and existing recreation programming that can be offered year-round.

Current Programs being offered at the R.E.C. Zone are:

Dog Training, Table Tennis, Safe Sitters, Vocal Percussion & Improvisation Workshop, Tai Chi Intro, Senior Strength & Functional Mobility, Jazzercise- Cardio Sculpt Low\Low & Cardio Sculpt Low/High

Instructors Wanted!

The Department is looking for people who want to provide programming to the community. Whether you have led a program before or have a suggestion for a new program (if you know of an instructor have them contact us). Please fill out and submit a Program Proposal Form or contact the Department at recreation@willistonvt.org.

TRUNK OR TREAT

Sunday, October 27



The Williston/Richmond Rotary Club and Williston Federated Church are happy to announce the 4th Annual "Trunk or Treat" Event. It will be held on Sunday, October 27, from 2:30-4:00 pm: rain or shine.

New Location

The new location for the event is the Village Community Park parking lot (250 Library Lane).

Bring the kids and/or the grandkids for a safe and fun "trick or treat" experience! We're looking forward to seeing lots of fun costumes and smiles!

HOLIDAY DECORATING CONTEST

December 20-27

The Contest is for Williston Residents and Businesses Only!

Show your holiday spirit and join this friendly competition while infusing some cheer in the community!

Whether you do it to win a fun prize, for the bragging rights, or just enjoy sharing your festive decorations, we want **YOU** to participate!

Registration is free! Must be registered to be judged. Look for more information and to register on the Recreation website in November.

Judging will take place by the community from December 20-27. The winners will be announced by January 1st. **Winners will be: Two (2) Residential Home Winners- a 1st and 2nd Place, and One (1) Business Winner**

